

A1C Chart

	A1C PERCENTAGE	ESTIMATED AVERAGE GLUCOSE (eAG)	
NORMAL →	lesser than 5.7%	lesser than 117 mg/dL	6.5 mmol/L
PREDIABETIC →	between 5.7 - 6.4%	between 117 - 137 mg/dL	6.5 - 7.6 mmol/L
DIABETIC ↓	larger than 6.4%	larger than 137 mg/dL	larger than 7.6 mmol/L
(The higher the percentage, above 6.4%, the higher the risk of complications)	6.5%	140 mg/dL	7.8 mmol/L
	7.0%	154 mg/dL	8.6 mmol/L
	7.5%	169 mg/dL	9.4 mmol/L
	8.0%	183 mg/dL	10.1 mmol/L
	8.5%	197 mg/dL	10.9 mmol/L
	9.0%	212 mg/dL	11.8 mmol/L
	9.5%	226 mg/dL	12.6 mmol/L
	10.0%	240 mg/dL	13.4 mmol/L

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